

# STANTON CHASE

## The Leaders' MasterLab Training and Development Programs

### 1. **Clarity-Driven Leadership: Decision-Making Under Pressure**

Audience: C-Suite executives and senior leadership teams in fast-paced environments, facing complexity and ambiguity.

Outcome: Stronger clarity and confidence. Tools to make efficient decisions under stress. Improved strategic communication.

Format Level 1: 4 weeks (1/2 day per week) leadership series.

Level 2: 2 days executive workshop.

### 2. **The Resilient Leader Operating System**

Audience: Mid to senior-level managers and department heads, driving results without burn-out.

Outcome: Increased psychological resilience and stress recovery. Leadership presence and energetic stability. Improved boundary setting and team emotional climate.

Format Level 1: 4 weeks (1/2 day per week) resilience lab.

Level 2: 2 days executive mental endurance protocol.

### 3. **Emotional Intelligence (EQ) for Senior Teams**

Audience: Executive teams and cross-functional groups navigating collaboration, change and internal politics.

Outcome: Stronger team trust. Clearer communication under pressure.

Format Level 1: 4 weeks (1/2 day per week) team-based EQ training.

Level 2: 2 days lab for senior teams.

**Customized corporate and personal training programs available upon request. All programs can be delivered online or physically.**

Training is led by our Partner  
Dr. Manju Appathurai  
Psychologist and AI Strategist.



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